

# Health Questionnaire

Complete both sides of this form for first time examinations and the reverse side only for repeat examinations.

Patient Name \_\_\_\_\_  
Date \_\_\_\_\_  
Address \_\_\_\_\_  
Home Phone # \_\_\_\_\_ Work Phone # \_\_\_\_\_

**PERSONAL HISTORY**

Birthplace \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_  
Nationality \_\_\_\_\_ Religion \_\_\_\_\_  
Marital Status \_\_\_\_\_ Health of spouse \_\_\_\_\_  
Occupations \_\_\_\_\_

Residence past 5 years \_\_\_\_\_  
Education through \_\_\_\_\_ grade Sleep (usual hrs.) \_\_\_\_\_ Aids to sleep \_\_\_\_\_  
Recreation \_\_\_\_\_  
Exercise \_\_\_\_\_

Average per day:  
Alcohol (type) \_\_\_\_\_  
Tea, Coffee \_\_\_\_\_  
Tobacco (type) \_\_\_\_\_

What is your past smoking history? \_\_\_\_\_

Do you wear seat belts? yes \_\_\_\_\_ no \_\_\_\_\_

What is your past occupational lung exposure? \_\_\_\_\_

Medicines taken regularly	Dose	Frequency	Reason

**PERSONAL PAST HISTORY** (Circle "yes" or "no". If "yes" give year of occurrence.)

**HAVE YOU EVER HAD:**

- |                             |     |    |
|-----------------------------|-----|----|
| MEASLES                     | YES | NO |
| MUMPS                       | YES | NO |
| WHOOPING COUGH              | YES | NO |
| POLIO                       | YES | NO |
| SCARLET FEVER               | YES | NO |
| DIPHTHERIA                  | YES | NO |
| MENINGITIS                  | YES | NO |
| INFECTIOUS MONO             | YES | NO |
| VALLEY FEVER                | YES | NO |
| TUBERCULOSIS                | YES | NO |
| EXPOSURE TO TB              | YES | NO |
| MALARIA                     | YES | NO |
| VENEREAL DISEASE            | YES | NO |
| ARTHRITIS                   | YES | NO |
| BACK TROUBLE                | YES | NO |
| BRONCHITIS                  | YES | NO |
| PNEUMONIA                   | YES | NO |
| PLEURISY                    | YES | NO |
| ASTHMA                      | YES | NO |
| EMPHYSEMA                   | YES | NO |
| RHEUMATIC FEVER             | YES | NO |
| HIGH BLOOD PRESSURE         | YES | NO |
| HEART DISEASE               | YES | NO |
| STROKE                      | YES | NO |
| SEIZURES                    | YES | NO |
| MIGRAINE HEADACHES          | YES | NO |
| HIVES                       | YES | NO |
| HAY FEVER/SINUSITIS         | YES | NO |
| GLAUCOMA                    | YES | NO |
| NOSE BLEEDS                 | YES | NO |
| ANEMIA                      | YES | NO |
| BLEEDING TENDENCY           | YES | NO |
| BLOOD TRANSFUSION           | YES | NO |
| DIVERTICULOSIS              | YES | NO |
| ALCOHOLISM                  | YES | NO |
| PANCREATITIS                | YES | NO |
| HEPATITIS (YELLOW JAUNDICE) | YES | NO |
| GALL STONE                  | YES | NO |
| ULCER                       | YES | NO |
| HEMORRHOIDS                 | YES | NO |
| BLADDER INFECTIONS          | YES | NO |
| KIDNEY DISEASE              | YES | NO |
| KIDNEY STONE                | YES | NO |
| PELVIC DISEASE              | YES | NO |
| DIABETES                    | YES | NO |
| THYROID DISEASE             | YES | NO |
| CANCER                      | YES | NO |

**ALLERGIES TO MEDICATIONS**

LIST: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
OTHER ALLERGIES: \_\_\_\_\_  
\_\_\_\_\_

**IMMUNIZATIONS: YEAR**

- |                   |     |    |
|-------------------|-----|----|
| TETANUS           | YES | NO |
| POLIO SHOTS       | YES | NO |
| POLIO ORAL        | YES | NO |
| MEASLES           | YES | NO |
| PNEUMONIA         | YES | NO |
| INFLUENZA         | YES | NO |
| HEMOPHILUS        | YES | NO |
| TB TEST POSITIVE? | YES | NO |

**INJURIES:**

- |              |     |    |
|--------------|-----|----|
| HEAD         | YES | NO |
| CHEST        | YES | NO |
| ABDOMEN      | YES | NO |
| BROKEN BONES | YES | NO |
| BACK / NECK  | YES | NO |
| OTHER        | YES | NO |

**OPERATIONS:**

- |                     |     |    |
|---------------------|-----|----|
| TONSILS             | YES | NO |
| APPENDIX            | YES | NO |
| GALL BLADDER        | YES | NO |
| STOMACH             | YES | NO |
| BREAST              | YES | NO |
| UTERUS AND/OR OVARY | YES | NO |
| PROSTATE            | YES | NO |
| HERNIA              | YES | NO |
| THYROID             | YES | NO |
| VARICOSE VEINS      | YES | NO |
| HEMORRHOIDS         | YES | NO |
| HEART               | YES | NO |
| OTHER               | YES | NO |

**OTHER SERIOUS ILLNESS:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Name: \_\_\_\_\_

**FAMILY HISTORY** – Has any blood relative had any of the following:  
Circle "yes" or "no"–If so, what relationship:

- |                      |     |    |       |
|----------------------|-----|----|-------|
| Anemia               | yes | no | _____ |
| Asthma               | yes | no | _____ |
| Bleeding tendency    | yes | no | _____ |
| Cancer (Type)        | yes | no | _____ |
| Chronic lung disease | yes | no | _____ |
| Chronic diarrhea     | yes | no | _____ |
| Convulsions or fits  | yes | no | _____ |
| Diabetes             | yes | no | _____ |
| Gout                 | yes | no | _____ |
| Heart disease        | yes | no | _____ |
| High blood pressure  | yes | no | _____ |
| Kidney disease       | yes | no | _____ |
| Leukemia             | yes | no | _____ |
| Mental illness       | yes | no | _____ |
| Migraine headaches   | yes | no | _____ |
| Obesity              | yes | no | _____ |
| Peptic ulcer         | yes | no | _____ |
| Repeated Infections  | yes | no | _____ |
| Severe allergies     | yes | no | _____ |
| Thyroid trouble      | yes | no | _____ |
| Tuberculosis         | yes | no | _____ |

	Present Age	Age at Death	If living, health (good, fair, poor) if deceased, cause of death
Father			
Mother			
Brothers or Sisters			
1.			
2.			
3.			
4.			
5.			
6.			
7.			
Children			
1.			
2.			
3.			
4.			
5.			
6.			
Others who live at your house			
	Relationship		Health
1.			
2.			

Doctors Notes \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**WISHED RE LIFE SUPPORT**

- \_\_\_\_I would never want resuscitation or life support.  
\_\_\_\_I would want resuscitation or life support only if something happened that was easily correctable.  
\_\_\_\_I would always want everything possible done to prolong my life even if I were in a permanent coma.  
\_\_\_\_I have a DURABLE POWER OF ATTORNEY FOR HEALTH CARE.  
\_\_\_\_I would like to fill out a DURABLE POWER OF ATTORNEY FOR HEALTH CARE.

History # \_\_\_\_\_

PATIENT  
NAME: \_\_\_\_\_

HAVE YOU RECENTLY HAD THE FOLLOWING?  
CIRCLE "YES" OR "NO"; IF IN DOUBT, LEAVE BLANK.

## SYSTEMS REVIEW

Please complete this side for repeat examinations.

<b>GENERAL</b>			<b>GASTRO-INTESTINAL</b>		
TIRE EASILY, WEAKNESS	YES	NO	CHANGE IN APPETITE	YES	NO
MARKED WEIGHT CHANGE	YES	NO	DIFFICULTY SWALLOWING	YES	NO
NIGHT SWEATS	YES	NO	HEARTBURN	YES	NO
PERSISTENT FEVER	YES	NO	ABDOMINAL DISTRESS	YES	NO
SENSITIVITY TO HEAT	YES	NO	BELCHING OR EXCESS GAS	YES	NO
SENSITIVITY TO COLD	YES	NO	ABDOMINAL ENLARGEMENT	YES	NO
<b>SKIN</b>			NAUSEA	YES	NO
ERUPTIONS (RASH)	YES	NO	VOMITING	YES	NO
CHANGE IN COLOR	YES	NO	VOMITING OF BLOOD	YES	NO
CHANGE IN HAIR	YES	NO	RECTAL BLEEDING	YES	NO
CHANGE IN NAILS	YES	NO	TARRY STOOLS	YES	NO
<b>EYES</b>			DARK URINE	YES	NO
TROUBLE SEEING	YES	NO	JAUNDICE	YES	NO
EYE PAIN	YES	NO	CONSTIPATION	YES	NO
INFLAMED EYES	YES	NO	DIARRHEA	YES	NO
DOUBLE VISION	YES	NO	HEMORRHOIDS	YES	NO
WORN GLASSES	YES	NO	NEEDS FOR LAXATIVES	YES	NO
<b>EARS</b>			<b>GENITOURINARY SYSTEM</b>		
LOSS OF HEARING	YES	NO	INCREASE IN FREQUENCY OF URINATION (DAY)	YES	NO
RINGING IN EARS	YES	NO	DISCOMFORT WITH URINATION	YES	NO
DISCHARGE	YES	NO	INCREASE IN FREQUENCY OF URINATION (NIGHT)	YES	NO
<b>NOSE</b>			FEEL NEED TO URINATE WITHOUT MUCH URINE	YES	NO
LOSS OF SMELL	YES	NO	UNABLE TO HOLD URINE	YES	NO
FREQUENT COLDS	YES	NO	BLOOD IN URINE	YES	NO
OBSTRUCTION	YES	NO	PROTEIN IN URINE	YES	NO
EXCESS DISCHARGE	YES	NO	PELVIC PAIN	YES	NO
NOSEBLEEDS	YES	NO	DISCHARGE FROM VAGINA	YES	NO
<b>MOUTH</b>			VAGINAL ITCH	YES	NO
SORE GUMS	YES	NO	IMPOTENCE	YES	NO
SORENESS OF TONGUE	YES	NO	LACK OF SEX DRIVE	YES	NO
DENTAL PROBLEMS	YES	NO	PAIN WITH INTERCOURSE	YES	NO
<b>THROAT</b>			<b>LOCOMOTOR</b>		
POSTNASAL DRAINAGE	YES	NO	MUSCLE CRAMPS	YES	NO
SORENESS	YES	NO	MUSCLE WEAKNESS	YES	NO
HOARSENESS	YES	NO	PAIN IN JOINTS	YES	NO
<b>BREASTS</b>			SWOLLEN JOINTS	YES	NO
LUMPS	YES	NO	STIFFNESS	YES	NO
DISCHARGE	YES	NO	DEFORMITY OF JOINTS	YES	NO
<b>CARDIO-RESPIRATORY SYSTEM</b>			NECK PAIN	YES	NO
COUGH, PERSISTING	YES	NO	BACK PAIN	YES	NO
SPUTUM (PHLEGM)	YES	NO	<b>NERVOUS SYSTEM</b>		
BLOODY SPUTUM	YES	NO	HEADACHES	YES	NO
WHEEZING	YES	NO	DIZZINESS	YES	NO
CHEST PAIN OR DISCOMFORT	YES	NO	FAINTING	YES	NO
PAIN ON BREATHING	YES	NO	CONVULSIONS OR FITS	YES	NO
SHORTNESS OF BREATH	YES	NO	NERVOUSNESS	YES	NO
DIFFICULTY BREATHING WHILE LYING DOWN	YES	NO	SLEEPLESSNESS	YES	NO
SWELLING OF ANKLES	YES	NO	DEPRESSION	YES	NO
BLUISH FINGERS OR LIPS	YES	NO	CHANGE IN SENSATION	YES	NO
HIGH BLOOD PRESSURE	YES	NO	MEMORY LOSS	YES	NO
PALPITATIONS	YES	NO	POOR COORDINATION	YES	NO
VEIN TROUBLE	YES	NO	WEAKNESS OR PARALYSIS	YES	NO
<b>ENDOCRINE</b>					
THYROID TROUBLE	YES	NO			
ADRENAL TROUBLE	YES	NO			
CORTISONE TREATMENT	YES	NO			
DIABETES	YES	NO			

Description of medical symptoms at this time

Started menstruating at age \_\_\_\_\_ . Date of last PAP test \_\_\_\_\_

Interval between periods \_\_\_\_\_ days Duration \_\_\_\_\_ days

Flow: light normal heavy Date of last period \_\_\_\_\_

Pain with periods: yes no duration \_\_\_\_\_

Number \_\_\_\_\_ Number of \_\_\_\_\_ Number of \_\_\_\_\_

of pregnancies \_\_\_\_\_ miscarriages \_\_\_\_\_ births \_\_\_\_\_

Weight of babies at birth \_\_\_\_\_

Contraception \_\_\_\_\_ Last Mammogram \_\_\_\_\_

Frequency of Breast Self Examination \_\_\_\_\_

Name \_\_\_\_\_

Date \_\_\_\_\_

History No. \_\_\_\_\_